"In the meantime, we have gathered sufficient evidence-based knowledge about the mechanism of action of shockwave treatment in basic research that the effect in the various indications is comprehensible. Unfortunately, papers are repeatedly cited that use shockwave applications that are not recommended by any scientific shockwave society (e.g., monthly applications, use of local anesthesia, etc.), and that therefore show no significant effects, to conclude that only contradictory evidence is available and, accordingly, raise doubts about the method.

We look forward to our World Congress this year in Daegu, Korea, to share our experiences based on evidence-based research." Wolfgang Schaden President of ISMST